

Is Tres Dias related to any one denomination?

No. We welcome Christians from all denominations.

It all sounds a bit secretive. Why won't anyone tell you what happens day by day?

Tres Dias is an experience, not a course. Each person will have their own experience. To say that it consists of talks, discussions, music, activity, prayer, spiritual direction and silence still does not tell you about Tres Dias.

That is something you have to find out for yourself. We hope that through the weekend you may discover how surprising and exciting it is to be a Christian!



HISTORY OF TRES DIAS

Tres Dias was derived from Cursillo (koo-see-yo) de Cristiandad (a short course in Christianity), which has been an active tool of renewal in the Roman Catholic Church since its Spanish beginning in 1949.

Tres Dias is an ecumenical version of Cursillo, open to any Christian interested in deepening their walk with the Lord. Each attendee must be sponsored by someone who has previously attended a Tres Dias or Cursillo.

Tres Dias was started in 1972 and is now overseen by an international organisation of lay people and clergy. Individual Weekends are co-ordinated by area Secretariats, whose members consist of anyone who has already completed a 'three day weekend'.

Tres Dias relies on prayer and on the indwelling of God's Spirit for its leadership and guidance.

THE TRES DIAS VISION

To identify, train and equip Christian leaders who will spread the Gospel of Jesus Christ in their environments, who will grow in their spiritual lives and who will demonstrate their love toward one another.

Also to encourage these leaders to assist their churches in carrying out the mission of their churches both locally and throughout the world for the glory of God the Father.

TRES DIAS

There is no magic, there are no secrets, simply the miraculous and joyful discovery of Christ's endless love!

If you would like more information before making a decision or if you would like to go on a Tres Dias weekend please talk to the person who gave you this leaflet or contact:

Andy Binnington
President, TDSW
47 Sundew Road
Broadstone
BH18 9NX

Tel: 01202 600052

Email: president@tresdias.org.uk

Or visit our website:

www.tresdias.org.uk

Published by Tres Dias South West of England
Charity registered in England number 1115218

TRES DIAS SOUTH WEST OF ENGLAND



AN INTRODUCTION TO TRES DIAS

**CHRIST AND HIS CHURCH
NEED SPIRITUALLY DEDICATED
PEOPLE FOR CHRISTIAN SERVICE.
INSPIRATION AND DIRECTION
FOR CHRISTIANS IS FOUND IN
TRES DIAS.**



INTRODUCTION

“Tres Dias” are Spanish words meaning “Three Days”. It is neither a course nor a retreat, although it contains elements of both.

TRES DIAS does offer:

- An experience of the love of God and the joy of Christian fellowship;
- A method of renewal in the Church and the potential for personal growth;
- A strengthening of your faith to help you consider your role in your Church, at home and at work;
- Participation in a Christian community.

The main focus of Tres Dias is living out the Christian life in our own communities at home and at work.

When 'making your Tres Dias' you are asked that for those three days, from Thursday evening to Sunday afternoon, you leave your everyday responsibilities at home!

A Tres Dias Weekend is centred around God's love. A series of short talks and meditations are given by both laity and clergy.

There are opportunities for discussion, worship, fellowship and laughter. There is also time for quiet prayer and the clergy are available for counselling.



THE WEEKEND

During the weekend you will be looked after by a team who have already made their Tres Dias and who will have been preparing and praying

for the Weekend for several months.

The Weekend consists of a series of talks, meditations and sharing in a 'retreat' environment. There will be joyful moments filled with laughter and sometimes tears,

The Weekend has;

- Inspiration - Inspiring Christians to get on with their mission in the world.
- Connection - connecting Christians as they come together

Someone wrote:

"My Tres Dias experience was just like changing the television from black and white to colour. The vision is the same but it is infinitely enriched".

We ask you:

- To be open to what happens
- To know that no specific response is expected of you.
- To relax and enjoy what God has in store for you.



QUESTIONS PEOPLE ASK ABOUT TRES DIAS

Is it a retreat?

No, but on the first night you are asked to keep silent after evening prayers until breakfast the next morning. This is to give you time to free yourself from the 'outside world'.

How do I know if Tres Dias is right for me?

The Tres Dias vision is to build up 'leaders' to go back into their churches. Those who do not consider themselves to be 'leaders' have nonetheless been enriched in their walk with

the Lord. Many such people have discovered something very special through Tres Dias.

I'm already very busy. Will I be expected to be involved in anything afterwards?

On completion of your Three Days the rest of your life is known as the Fourth Day. Many people meet regularly in small 'Reunion Groups' to pray and share. This is one of the ways in which we help one another as we journey together. Indeed this is one of the methods that helps us to sustain our Christian lives. There is no compulsion to join in these or any other activities that may be arranged from time to time.

What if I don't like it?

There may be times when you feel that it isn't suiting you, or that it isn't quite what you were looking for. All we ask is that you reserve judgement until you have completed the weekend. The three days are planned as a whole and like some jigsaw puzzles, the picture does not become clear until it is finished.

If it's a Lay Movement, what qualifications do the Team have?

Everyone who serves on a Tres Dias weekend, both laity and clergy, will have made their own Tres Dias. They will have spent a considerable amount of time in preparation for the weekend, both as individuals and together. There are no formal qualifications.

The Leader of the team may be a plumber, a housewife, a teacher, a sales assistant or a farmer.

One's status outside Tres Dias simply doesn't matter. There will always be at least two clergy acting as Spiritual Directors.